

CARE AND SUPPORT FOR FAMILIES



Parenting when Anxiety shows up as Anger.

Parenting can become challenging when anxiety shows up as anger in our kids. Join us in a conversation with Karen Peters, Registered Clinical Counsellor, to learn about some strategies that can help us better understand and manage these hard moments.

当焦虑在孩子身上表现为愤怒时，为人父母就会面临挑战。欢迎收听我们与注册临床咨询师凯伦·彼得斯的对话，了解一些可以帮助我们在这些艰难时刻之前、之中和之后应对的策略

**Wednesday, February 11, 2026
10:00am to 11:30am online session**